<p>| | | | | | | | | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Friday</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Country of Origin</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rice : Korea</td>
<td>Kimchi : Korea</td>
<td>Chicken (c) : Korea</td>
<td>Beef (b) : Australia</td>
<td>Pork (p) : Korea</td>
<td>Fish (f) : Russia, China, and Korea</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>1</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stir-Fried Chicken (c) ③④⑦</td>
<td>Multigrain Rice</td>
<td>Stir Fried Tofu ①</td>
<td>Radish Salad</td>
<td>Pollack Soup (f) ④⑦⑬</td>
<td>Kimchi/White Kimchi ③</td>
<td>Orange + Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>2</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stir-Fried Chicken Tacos (c) ③④⑦</td>
<td>Grilled Chicken (c) ③④⑦</td>
<td>Fried Potatoes ③</td>
<td>Pickles</td>
<td>Banana</td>
<td>+ Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>3</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stir-Fried Pork &amp; Kimchi (p) ③④⑦</td>
<td>Multigrain Rice</td>
<td>Steamed Egg ③</td>
<td>Korean Greens ③</td>
<td>Seaweed Soup ③</td>
<td>Radish Kimchi/White Kimchi ③</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>4</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chicken Yakisoba (c) ③④⑦</td>
<td>Okonomiyaki (f) ③④⑦</td>
<td>Japanese Pickled Onions</td>
<td>Apple</td>
<td>+ Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>5</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Italian Breaded Pork (p) ③④⑦⑬</td>
<td>Steamed Rice</td>
<td>Grilled Vegetables</td>
<td>Chicken Noodle Soup (c) ②④⑬</td>
<td>Apple</td>
<td>+ Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>6</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Barbequed Pork Chops (p) ①④⑦⑬</td>
<td>Steamed Rice</td>
<td>Broccoli &amp; Onions</td>
<td>Cream of Oatmeal Soup (c) ②④⑬</td>
<td>Orange</td>
<td>+ Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>7</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Indonesian Fried Rice (c) ①④⑦</td>
<td>Spring Rolls ①</td>
<td>Stir-Fried Vegetables ①</td>
<td>Egg Soup ①</td>
<td>Banana</td>
<td>+ Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>8</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stir-Fried Teriyaki Chicken (c) ①④⑦</td>
<td>Multigrain Rice</td>
<td>Stewed Burdock ①</td>
<td>Seasoned Bean Sprouts ①</td>
<td>Fish Cake Soup (f) ③④⑦</td>
<td>Kimchi/White Kimchi ①</td>
<td>Pineapple + Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>14**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>9</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Portuguese Roasted Chicken (c) ①④⑦</td>
<td>Steamed Rice</td>
<td>Mushroom &amp; Onions ①</td>
<td>Portuguese Chicken Soup (c) ①④⑦</td>
<td>Apple</td>
<td>+ Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>10</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grilled Fish (f) ①</td>
<td>For ES, Pollack Fillets (f) ①④⑦</td>
<td>Steamed Rice w/ Bean Sprouts ①④④</td>
<td>JabChae ①</td>
<td>Grilled Seaweed</td>
<td>Kimchi Soup ①</td>
<td>Radish Kimchi/White Kimchi ①</td>
<td>Grapefruit</td>
<td>+ Salad Bar</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>11</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kimbap-Style Fried Rice (p) ①④⑦⑬</td>
<td>Fried Dumplings (p) ①</td>
<td>Katsuo Bushi Broth (f) ①</td>
<td>Kimchi/White Kimchi ③</td>
<td>Orange</td>
<td>+ Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>19**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>12</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ham &amp; Cheese Sandwich (p) ①④⑦</td>
<td>Fried Potatoes ①</td>
<td>Pickles</td>
<td>Banana</td>
<td>+ Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>20</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>13</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stir-Fried Pork (p) ①④⑦</td>
<td>Multigrain Rice</td>
<td>Chive Pancakes ①</td>
<td>Stir-Fried Fish Cake (f) ①④⑦</td>
<td>Bean Sprout Soup ①</td>
<td>Kimchi/White Kimchi ①</td>
<td>Pineapple + Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>21**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>14</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shanghai Pasta (f) ①④⑦③</td>
<td>Dim Sum (p) ①</td>
<td>Chinese-Style Vegetables ①</td>
<td>Apple</td>
<td>+ Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>22**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>15</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Teriyaki Chicken (c) ①④⑦</td>
<td>Steamed Rice</td>
<td>Italian Vegetables ①④⑦</td>
<td>Cream of Onion Soup (c) ①④⑦</td>
<td>Grapefruit</td>
<td>+ Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>16</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fried Rice w/ Chicken (c) ①④⑦</td>
<td>Grilled Tofu ①④⑦</td>
<td>Stir Fried Seaweed</td>
<td>Beef Soup (b) ①</td>
<td>Kimchi/White Kimchi ①</td>
<td>Orange</td>
<td>+ Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>26**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>17</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pork Chops w/ Chives (p) ①④⑦</td>
<td>Steamed Rice</td>
<td>Chinese Steamed Bun ①</td>
<td>Bok Choy &amp; Young Corn ①</td>
<td>Spicy Vegetable Soup (f) ①④⑦⑬</td>
<td>Pineapple</td>
<td>+ Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>27**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>18</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Roasted Chicken (c) ①④⑦</td>
<td>Mashed Potatoes</td>
<td>Green Beans &amp; Onions ①</td>
<td>Cream of Pumpkin Soup (c) ①④⑦⑬</td>
<td>Apple</td>
<td>+ Salad Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>28</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>19</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thanksgiving Holiday</td>
<td>Early Release at 11:30 a.m.</td>
<td>Thanksgiving Holiday</td>
<td>No School</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

J&J Catering does its best to mark common food allergens, but please use your own discretion and inform the J&J staff if you need a food substitution due to a food allergy.

**1**Egg  **2**Milk  **3**Pork  **4**Wheat  **5**Tomato  **6**Fish  **7**Soybean  **8**Pine Nut in White Kimchi  **9**Shrimp  **10**Crab in Kimbap  **11**Beef  **12**Squid  **13**Chicken  **14**Peach  **15**Buckwheat  **16**Shellfish  **17**Sulfite  **18**Walnut  **19**Halal Option

Griddle Set – Main entrees prepared on a sizzling griddle

November

**Country of Origin**
Rice : Korea
Kimchi : Korea
Chicken (c) : Korea
Beef (b) : Australia
Pork (p) : Korea
Fish (f) : Russia, China, and Korea
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| *Country of Origin*  
Rice : Korea  
Kimchi : Korea  
Chicken (c) : Korea  
Beef (b) : Australia  
Pork (p) : Korea  
Fish (f) : Russia, China, and Korea | 4**  
Carbonara Pasta (p) 🌐  
Garlic Bread  
Pickles  
Orange  
+ Salad Bar | 5  
Spicy Beef Soup (b) 🌐  
Steamed Pork (p) 🌐  
Kimchi Pancakes 🌐  
Stir Fried Zucchini 🌐  
Radish Kimchi/White Kimchi 🌐  
Banana + Salad Bar | 6**  
Japanese Baked Chicken & Rice (c) 🌐  
Green Beans 🌐  
Chicken Consommé (c) 🌐  
Pineapple 🌐  
+ Salad Bar | 1  
Parent Teacher Conferences  
(No School) |
| 4**  
Carbonara Pasta (p) 🌐  
Garlic Bread  
Pickles  
Orange  
+ Salad Bar | 11  
Rice Cake Soup 🌐  
Spicy Stir-Fried Chicken (c) 🌐  
Stir-Fried Anchovies (f) 🌐  
Korean Greens 🌐  
Multigrain Rice  
Kimchi/White Kimchi 🌐  
Orange + Salad Bar | 12  
Braised Beef Bibimbap (b) 🌐  
Fish Cutlet (f) 🌐  
Stir Fried Potatoes  
Chive Salad 🌐  
Egg Soup 🌐  
Stir Fried Kimchi/White Kimchi 🌐  
Banana + Salad Bar | 13**  
Pasta w/ Meat Sauce (b,p) 🌐  
French Toast 🌐  
Pickles 🌐  
Pineapple 🌐  
+ Salad Bar | 8  
Korean-Style Chicken Noodles (c) 🌐  
Steamed Dumplings (p) 🌐  
Acorn Jelly Salad 🌐  
Steamed Rice  
Kimchi/White Kimchi 🌐  
Grapefruit 🌐  
+ Salad Bar |
| 18**  
Sweet Chili Pork (p) 🌐  
Steamed Rice  
Mixed Vegetables  
Meatball Soup (p) 🌐  
Orange 🌐  
+ Salad Bar | 19  
Stewed Chicken w/ Soy Sauce (c) 🌐  
Stir-Fried Crab 🌐  
Seaweed 🌐  
Multigrain Rice 🌐  
Kimchi Soup w/ Pork (p) 🌐  
Radish Kimchi/White Kimchi 🌐  
Banana + Salad Bar | 20**  
Macaroni & Cheese (p) 🌐  
Dinner Roll 🌐  
Frittata 🌐  
Pineapple 🌐  
+ Salad Bar | 21  
Bibimbap 🌐  
Fried Chicken w/ Chili Sauce (c) 🌐  
Spicy Shrimp 🌐  
Stir Fried Ham & Vegetables (p) 🌐  
Kimchi/White Kimchi 🌐  
Apple 🌐  
+ Salad Bar | 15**  
Chicken Cutlet (c) 🌐  
Steamed Rice  
Sprouts & Bacon (p) 🌐  
Cream of Carrot Soup (c) 🌐  
Grapefruit 🌐  
+ Salad Bar |
| 25**  
Penne Pasta (p) 🌐  
Bread  
Pickles  
Orange 🌐  
+ Salad Bar | 26  
U-Dong (f) 🌐  
Fried Vegetables 🌐  
Danmuji 🌐  
Korean-Style Steamed Bread 🌐  
Steamed Rice 🌐  
Kimchi/White Kimchi 🌐  
Pineapple+Salad Bar | 27  
Roasted Chicken (c) 🌐  
Mashed Potatoes 🌐  
Green Beans & Onions 🌐  
Cream of Pumpkin Soup (c) 🌐  
Apple 🌐  
+ Salad Bar (Bean Paste Soup & Rice - available upon request) | 22  
Japanese Ramen (p) 🌐  
Fried Shrimp 🌐  
Japanese Pickled Onions 🌐  
Steamed Rice  
Kimchi/White Kimchi 🌐  
Grapefruit 🌐  
+ Salad Bar | 28  
Thanksgiving Holiday  
(Early Release at 11:30 a.m.)  
(No School) |
| 27  
Roasted Chicken (c) 🌐  
Mashed Potatoes 🌐  
Green Beans & Onions 🌐  
Cream of Pumpkin Soup (c) 🌐  
Apple 🌐  
+ Salad Bar (Bean Paste Soup & Rice - available upon request) | 28  
Thanksgiving Holiday  
(No School) |

J&J Catering does its best to mark common food allergens, but please use your own discretion and inform the J&J staff if you need a food substitution due to a food allergy.

- 🌐 Egg  
- 🌐 Milk  
- 🌐 Pork  
- 🌐 Wheat  
- 🌐 Tomato  
- 🌐 Fish  
- 🌐 Soybean  
- 🌐 Pine Nut in White Kimchi  
- 🌐 Shrimp  
- 🌐 Crab in Kimbap  
- 🌐 Beef  
- 🌐 Squid  
- 🌐 Chicken  
- 🌐 Peach  
- 🌐 Buckwheat  
- 🌐 Shellfish  
- 🌐 Sulfite  
- 🌐 Walnut

**Halal Option**